

Preliminary Agenda for the Chronic Illness and Inflammation Conference – Bellevue, Washington – February 17-19, 2012

Friday, February 17 1:00pm - 5:30 pm (3 ½ hrs)

Mark Schauss, MBA, DB – Environmental Health Issues in Chronic Disease and Inflammation. 1:00pm – 2:00 pm 1hr
How do environmental toxins affect the start and progression of chronic disease and inflammatory reactions?

Claire Riendeau, ND – Lyme Disease and Chronic Illness – 2:00pm – 3pm 1hr.

3-3:30 pm Break

Andrew Cutler, PhD – Mercury in chronic and inflammatory disease 3:30 – 5:00 pm 1 ½ hrs

Panel Discussion 5:00pm – 5:30pm Dr. Cutler, Dr. Schauss, Dr. Riendeau

Saturday, February 18 8-5 (7hrs)

Craig Keebler MD – Vitamin D and Chronic Disease 8-9 1 hr

Sunil Pai, MD - Utilizing Diet and Natural Anti-Inflammatories to Prevent and Treat Chronic Diseases 9-10:30 1 ½ hrs

Break 10:30-11

Alexander Schauss, PhD, FACN – Novel Botanicals in the Treatment of Chronic Illness and Inflammation

Lunch 12:30-1:30

Ann McCombs, DO - Chronic Disease and Inflammation: a Homotoxicology Model 1:30 – 3:00 1 ½ hrs

Based upon the work of Recheweg, this model will be used to explain the origin, development and progression of disease within a holographic framework as a continuum extending from health (absence of disease) to terminal illness. How medical testing using multivariate analysis fits into this model will also be included, as well as a brief introduction to how allergies (acute and chronic) and toxins (solvents and heavy metals) contribute in this model to chronic disease and the inflammatory process. Resources for potential treatments will be discussed, as time permits.

Break 3:00pm – 3:30pm

Christopher Shade, PhD – Heavy Metals, Chronic Disease and Inflammation – 3:30pm – 5:00pm 1 ½ hrs

Panel Discussion: 5:00pm – 6:00pm Drs. Pai, McCombs, Schauss, Shade and Keebler

Sunday, February 19 8:00am – 12:15pm 4hrs

Joseph Quashnock, PhD - Current Clinical Laboratory Tests for Inflammation 8:00am – 9:00am 1 hr

A review of the various laboratory tests available for evaluating inflammation and autoimmune diseases. It includes the interpretation of new tests and their relationship to older traditional tests.

John Young, MD – Resetting the Pancreas in Type II Diabetes 9:00am – 10:00am 1 hr

Much of the talk in health care is how to manage patients with Type II diabetes. The speaker will give practical and foundational practices that will help not only manage Type II diabetics but reverse the disease using dietary changes and supplemental programs that he has used in successfully in his practice for decades.

10:00-10:30 Break

Mark Schauss – Using Laboratory Testing in the Treatment and Prevention of Chronic Disease and Inflammation 10:30am - 11:30am 1hr

Laboratory testing is a powerful tool but it is also one that can waste precious patient resources when used improperly. Dr. Schauss will present the most cost effective means of utilizing laboratory testing as well as utilizing interpretive reports to improve patient compliance dramatically

Panel Discussion: 11:30am – 12:00pm – Quashnock, Young, Schauss